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Anorexia, bulimia 'cure' claim

AN Australian clinic that treats eating disorder patients is claiming it can now cure anorexia and bulimia, releasing figures showing a 75 per cent remission rate.

The Mandometer clinic in Melbourne aims to re-educate patients by teaching them to regain control of their eating.

The program involves the use of meal monitoring, exercise reduction and heat therapy to prevent loss of calories.

This is a far cry from traditional treatment programs which focus on psychological problems at the cause of the eating disorder — often treating patients with drugs, hospitalisation and enforced eating.

Rebecca Seehoo, 28, from Dulwich Hill was in and out of different treatment centres for several years before turning to Mandometer as a last resort.

“I couldn’t go back to conventional treatment,” she said. “It’s the only one that worked.”